

Appendix 5. UC-D. Summary of Maternal/Infant Variables.

Purpose of Measure	Category	Measures	Instruments	Timing
Covariate	Anthropometrics	Maternal anthropometry	Reported pre-pregnancy height and weight, measured height and weight [de Onis et al, 2004]	Reported at recruitment; measured at 6 mo postpartum
Covariate	Family demographics	Maternal age, household size, marital status, employment, childcare use	Common Questionnaire	1 week, 2 mo, 6 mo
Covariate	Food security	Food security	Maternal responses to a 4-question subscale of the 18-item Core Food Security Module [Metallinos-Katsaras et al., 2013]	1 week, 2 mo, 6 mo
Covariate	WIC Experience	Number of visits, requests for breastfeeding support services, Baby Behavior education	Questionnaire	1 week, 2 mo, 6 mo
Covariate	Maternal Breastfeeding Intention	Maternal intentions for duration and exclusivity of breastfeeding	The Infant Feeding Intentions (IFI) scale [Nommsen-Rivers et al., 2010]	1 week, 1 mo
Covariate	Perceived social-support	Family physical and emotional support	The Perceived Social Support from Family Scale [Procidano, and Heller, 1983]	1 week, 1 mo, 4 mo
Covariate	Infant appetite	Perceived infant appetite traits	Baby Eating Behavior Questionnaire [Llewellyn et al.,2011]	6 mo
Secondary outcome	Infant feeding practices	Breastfeeding duration, exclusivity, sugary beverages, solid foods and formula	Infant Feeding Practices Survey (IFPS) II [Fein, et al, 2008]	All well-baby contacts to 6 mo
Secondary outcome	Maternal self-efficacy	Self-efficacy	Perceived Maternal Parenting Self-efficacy tool [Barnes and Adamson-Macedo, 2007]	1 week, 2 mo, 6 mo
Secondary outcome	Maternal perceived stress	Maternal stress	The Perceived Stress Scale short-form [Cohen, S, 1983; Karam et al.,2012]	1 week, 1 mo, 6 mo

Secondary outcome	Maternal Depression risk	Depression symptoms	Edinburgh Postnatal Depression Scale [Glaze and Cox, 1991]	1 mo, 6 mo
Secondary outcome	Infant Development	Maternal report of child development; communication, gross motor, fine motor, problem solving, social	Ages & Stages questionnaires (3 rd edition) [Squires and Bricker, 2009]	2, 4, and 6 mo
Secondary outcome	Infant sleep patterns		The Brief Infant Sleep Questionnaire [Sadeh, 2004]	2 mo, 6 mo

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